

WHAT HAPPENED TO MY FREEDOM?



While you were sleeping ... a decades-in-the-making plan to deprive you of your God-given freedoms was set into motion. It hasn't happened overnight, more like slow boiling a frog. When Covid hit, they turned up the heat with tyrannical lockdowns and mask orders. Through the use of false pcr tests, inflated infection/morbidity data and a coordinated campaign of fear mongering by the media, government agencies, celebrities, even religious organizations, your constitutionally protected freedoms are disappearing.

Action Item: Wake up, people!

Protect your rights. Read and re-read the U.S. Bill of Rights and the Constitution. Better yet, take a class. You'll meet a lot of nice people. The Founding Fathers were very specific about the limits of the federal government and left anything unspecified to the states. Therefore, becoming familiar with your State Constitution is equally important. State officials take an oath to protect the Constitution and uphold the laws of the land, even when the federal government fails to act. **Action Item:** Remind your governor and lawmakers that they were elected to protect your rights and represent your values. Visit the Hillsdale College website and request a free pocket U.S. Constitution and sign up for one of their free classes.

Protect free speech. Freedom of speech is fighting for its life. Congress is holding hearings regarding the government censorship of information on a major social media platform. We are being fed "official" narratives "for our own good" to spread fear and manipulate our behavior. "Misinformation" and "disinformation" have entered the lexicon and are being used as an excuse to censor anything that does not conform to the official narrative. Question EVERYTHING. When over 1,000 food processing plants are destroyed by fire and trains carrying toxic chemicals suddenly derail, you can bet something is up. "Fast breaking news" is designed to keep you off balance. It's meant to distract you from yesterday's news. Not everything is a conspiracy, but some things really are. **Action Item:** Avoid the mainstream media. Search out video websites that let YOU decide what you want to watch. Follow independent journalists and subscribe to newsletters from organizations that focus on your areas of concern. Watch a video on mass psychosis and don't be a victim.

Protect your health. If you got Covid, you were told, "Go home and come back when you get really sick." Prominent doctors prescribing early treatment with safe, cheap drugs were demonized and threatened in spite of their effectiveness in treating patients with Covid. An enormous amount of YOUR money went into the purchase and promotion of Big Pharma's gene therapy shots and became the approved treatment with disastrous results. According to Big Pharma's own data! Not only do the jabs not work but they have caused more harm than the virus itself. "Died suddenly" is now the prevailing cause of death. And still they insist on an unending series of boosters. It appears that the real goal was to get a deadly shot into everyone's arm.

Action Item: Think carefully before consenting to any violation of your right to choose your own (and that of your children's) medical interventions, including so-called protective or preventive measures.

Protect your choices. You have a voice; you have a choice on where to shop and who to bank with. It may not be as convenient or as cheap, but isn't your freedom worth it? **Action Item:** Speak out; shop local small businesses; reduce your spending with the large retailers. Switch from the big banks to a local credit union or the new, apolitical Old Glory Bank. Use cash whenever possible and your credit card only when necessary.

Protect your privacy. Google, Facebook and TikTok are surveillance platforms. They collect every bit of your personal data, sell it and keep it forever. They also influence your voting choices. Your cell phone is not your friend or an entertainment toy. It is a tracking device and will be used to monitor your current and future behavior. **Action Item:** DeGoogle yourself from all of its products: Google search engine, Gmail, Gdrive. Use encrypted email and VPN apps. Dump social media accounts. Shut your computer off at night and unplug it. Keep your cell phone in a Faraday bag (It tracks you wherever you go).

You never know how strong you can be until being strong is your only choice.

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Links to Safe Sites



Know your rights

<https://www.270towin.com/elected-officials/> - Enter your address and find your elected officials.

<https://online.hillsdale.edu> - Sign up for free Hillsdale College online classes.

<https://lp.hillsdale.edu/free-pocket-constitution/> - Order your free pocket Constitution.

<https://imprimis.hillsdale.edu> - Read timely articles by leading thinkers on today's pressing issues.

Protect free speech

<https://www.rumble.com> - Choose from videos that YouTube doesn't want you to see.

<https://www.uncoverdc.com/category/journalism/> - Consider subscribing to their newsletter. The News of Today feature is a fun, irreverent, quick take on the current news.

<https://www.coffeeandcovid.com> - Subscribe to this well written newsletter, emailed daily to your inbox.

<https://www.thegatewaypundit.com> - Visit this alternative news website for brief articles that keep up with the daily headlines the mainstream media spins or ignores.

<https://childrenshealthdefense.org> - Subscribe to the newsletter on this RFKennedy, Jr.-supported website.

<https://rumble.com/search/all?q=mass%20psychosis> - Watch a video explaining mass psychosis.

<https://rumble.com/BannonsWarRoom> - Follow this channel for some no-holds-barred reporting on the current political situation.

<https://theepochtimes.com> - Subscribe to a newspaper that prints the truth. Opinion pages lean conservative.

Protect your health

<https://www.twc.health> - Consider signing up with an online wellness company that believes in medical freedom. Dr. Peter McCullough, a leading cardiologist, is the chief scientific officer.

<https://www.goldcare.com> - Check out this online telemed company affiliated with Dr. Simone Gold.

Protect your choices

https://www.creditunionsonline.com/search_usa.html - Choose from a list of local credit unions.

<https://oldglorybank.com> - Consider this new bank, opening soon. Get on the list; they don't discriminate.

<https://www.vitacost.com> - Check out this online shopping site featuring healthy foods and supplements at competitive prices.

Protect your privacy

<https://support.google.com/accounts/answer/32046?hl=en> - Delete your Google accounts. Each account must be deleted separately. YouTube is also a Google account. OK to watch, but don't subscribe.

<https://www.howtogeek.com/550024/how-to-delete-your-facebook-account/> - Delete your personal Facebook (Meta) account. Instagram is also Facebook owned. Use only with discretion.

<https://www.today.com/money/how-delete-tiktok-account-2020-t190205> - Delete your TikTok account. TikTok is owned by the Chinese company ByteDance, based in Beijing.

<https://www.mojeek.com> - Change your default search engine to one that doesn't track you.

<https://proton.me> - Switch to an encrypted email and vpn platform, based in Switzerland.

Extra credit: Each of your devices has a camera (facing you) that secretly captures your image and can be used for external facial recognition programs. Protect your privacy on your devices, by covering the camera eye with a small piece of opaque tape, such as black electrical tape. Your presence in online meetings (such as Zoom) will be indicated by your name or initials in place of your image. Your cell phone camera can still take pictures as the lens is located on the back side.

This newsletter is posted on the WomenVIPs.org website with hyperlinks to the sites listed above.